



LUNCHEON

APPETIZER AND SALAD

AVOCADO-EGG ROLL | with Sun Dried Tomato & Red Onion in a Crisp Wrapper,
Served with Sweet Chili Sauce

TAPAS PLATE | Local Cold Cuts & Cheese, Stuffed Piquillo Pepper, Marinated Seafood Salad,
White Anchovies & Olives



CRUNCHY GREENS & BELLA VISTA DRESSING | Pineapple, Melon, Fennel & Toasted Cashews

Traditional favorite dressings available plus today's specials:

Fat Free Balsamic | Low-Calorie Yogurt Honey

SOUP



CREAM OF ZUCCHINI | with Lemon Croutons

Low-sodium Soups and plain Broth are available upon request

PASTA SPECIAL

SPAGHETTI "CARBONARA" | with Cream, Pancetta, Parmesan and Parsley

Available as Appetizer or Main Fare

MAIN FARES

CURRIED SALMON CAKES | Assorted Lettuce Leaves, New Potatoes, Cucumber, Roasted Tomato,
Green Beans, Maple-Mustard-Dill Vinaigrette & Poached Egg*

CHICKEN CAESAR SALAD | Crisp Romaine Lettuce, Homemade Caesar Dressing,
Grilled Chicken Breast, Parmesan Shavings and Garlic Croutons

ZARZUELA DE MARISCO | Spanish Seafood Stew in a Saffron-Tomato Broth, Sautéed Vegetable,
Warm Garlic Breads

SANDWICH OF THE DAY: THE TURKEY CLUB | Freshly Roasted Turkey Breast, Tomato, Boiled Egg,
Bacon, Iceberg Lettuce, Thousand Island Dressing, Toasted Sourdough Bread & Sweet Potato Fries

VEAL GOULASH | Paprika Cream Sauce, Homemade Spaetzle, Broccoli & Carrots



VEGETABLE PIZZA | Tomato, Sweet Peppers, Corn, Mushrooms, Caramelized Onions, Eggplants,
Fontina & Mozzarella Cheese

HAMBURGER OR CHEESEBURGER* | Homemade Regular or Whole Wheat Bun, Pickles,
Tomatoes, Sliced Onion Rings and French Fries

Additional Toppings:

Applewood Smoked Bacon | Grilled Onions | Swiss, Blue or Cheddar Cheese

SIDES

STEAMED RICE | **HOMEMADE SPAETZLE** | **BAKED POTATO** | **STEAMED VEGETABLES**

Upon request, dishes are available without sauce, and main courses can be served as half portions.

Vegetables are also available steamed, without butter or salt.

WINE

WHITE

Grüner Veltliner, Gobelsburger,
Kamptal, Austria 2018

RED

Pedroncelli, Zinfandel "Mother Clone,"
California 2017

*United States Public Health Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs increase your risk for food — borne illnesses, especially if you have certain medical conditions.



Indicates Vegetarian selections and may include dairy products

FRIDAY, NOVEMBER 8, 2019



LUNCHEON

DESSERT

CHOCOLATE WHISKEY TART | Sugar Dough Crust & Baked Chocolate Whiskey Filling

LEMON CREAM ROULADE | White Biscuit, Lemon Mousse & Fudge Sauce

ICE CREAM SUNDAE

BANANA SPLIT | Vanilla & Chocolate Ice Cream, Fresh Banana, Fudge Sauce,
Whipped Cream and Toasted Almonds

SUGAR-FREE DESSERT

RICE CREAM | Rice Pudding, Whipped Cream and Fresh Fruits

ICE CREAM

VANILLA, BUTTER PECAN, STRAWBERRY | your choice of Butterscotch, Raspberry or
Chocolate Topping

FRESHLY FROZEN NONFAT YOGURT

PASSION FRUIT

SHERBET

CRANBERRY

FRUIT & CHEESE

SLICED FRUITS IN SEASON

VARIETY OF FRENCH & INTERNATIONAL CHEESE | Traditional Condiments & Crackers