



LUNCHEON

APPETIZER AND SALAD

CARAMELIZED ONION, BACON & CHEESE TART | Marinated Tomato Salad

SHRIMP SALAD | with Sauce Marie Louise & Avocado

 **SHAVED FENNEL, CUCUMBER & WATERMELON** | Raspberry-Mint Vinaigrette, Olive Oil

Traditional favorite dressings available plus today's specials:

Fat Free Balsamic | Low-Calorie Yogurt Honey

SOUP

 **PARSNIP SOUP** | with Fresh Herbs & Sourdough Croutons

Low-sodium Soups and plain Broth are available upon request

PASTA SPECIAL

LASAGNE VERDE AL CASALINGA | Layers of Ground Meat, Chopped Tomatoes, Spinach, Herbs and Pasta Sheets, Oven-Baked and Served with Tomato Sauce

Available as Appetizer or Main Fare

MAIN FARES


CRISP CALAMARI SALAD | Garden Lettuce, Roast Garlic Dressing, Grilled Vegetables, Tomato Bruschetta

STEAK & WEDGE SALAD* | Iceberg Wedge, Sliced Tomatoes, Avocado, Bacon Bits, Fried Onion Rings, Crumbled Blue Cheese, Ranch Dressing & Grilled Minute Steak

ENGLISH FISH & CHIPS | Fresh Cod Filets in Crisp Beer Batter, Homemade Chips, Tartar Sauce, Cucumber Salad & Malt Vinegar

SANDWICH OF THE DAY: GRILLED CHICKEN BREAST | Poppy Seed Bread Bun, Lettuce, Avocado, Tomato, Swiss Cheese, Napa Cabbage-Apple Slaw & Roasted Sweet Potato

SLOW ROASTED BABY BACK RIBS | BBQ Sauce, Creamed Corn, Baked Red Skin Potato

 **SPINACH & FILO PIE** | with Feta Cheese and Dill, Yogurt-Cucumber Sauce, Chopped Salad

HAMBURGER OR CHEESEBURGER* | Homemade Regular or Whole Wheat Bun, Pickles, Tomatoes, Sliced Onion Rings and French Fries

Additional Toppings:

Applewood Smoked Bacon | Grilled Onions | Swiss, Blue or Cheddar Cheese

SIDES

STEAMED RICE | **CREAMED CORN** | **BAKED POTATO** | **STEAMED VEGETABLES**

Upon request, dishes are available without sauce, and main courses can be served as half portions.

Vegetables are also available steamed, without butter or salt.

WINE

WHITE

Riesling, Dr. Loosen "Satyricus," Mosel, Germany 2017

RED

Chianti Classico Riserva, Castello Banfi, Tuscany, Italy 2015

*United States Public Health Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs increase your risk for food — borne illnesses, especially if you have certain medical conditions.

 Indicates Vegetarian selections and may include dairy products

MONDAY, NOVEMBER 11, 2019



LUNCHEON

DESSERT

CHOCOLATE CHUNK WALNUT TART | Sugar Dough Crust, Chocolate Walnut Filling & Chocolate Glaze

STRAWBERRY ROULADE | White Biscuit, Strawberry Cream & Whipped Cream

ICE CREAM SUNDAE

BLACK FOREST | Cherry Garcia Ice Cream, Sour Cherry Compote, Fudge Sauce, Cherry Liquor and Whipped Cream

SUGAR-FREE DESSERT

APPLE TURNOVER | Puff Pastry & Apple Filling

ICE CREAM

VANILLA, STRAWBERRY CHEESECAKE, CHOCOLATE | your choice of Butterscotch, Mango or Chocolate Topping

FRESHLY FROZEN NONFAT YOGURT

BANANA

SHERBET

POMEGRANATE

FRUIT & CHEESE

SLICED FRUITS IN SEASON

VARIETY OF FRENCH & INTERNATIONAL CHEESE | Traditional Condiments & Crackers