



LUNCHEON

APPETIZER AND SALAD

STEAMED BLACK MUSSELS | Vegetable Beurre Blanc & Toasted Garlic Bread

 **DEILED EGGS** | on Marinated Vegetable Carpaccio

 **FRESH BROCCOLI SALAD** | Sesame French Dressing

Traditional favorite dressings available plus today's specials:

Fat Free Balsamic | Low-Calorie Sesame French

SOUP

 **CREAM OF CAULIFLOWER** | Fried Chick Peas & Rosemary Oil

Low-sodium Soups and plain Broth are available upon request

PASTA SPECIAL

SEDANINI "AL SALSICCIA E RICOTTA" | Tomato-Basil Sauce, Italian Sausage, & Ricotta Cheese

Available as Appetizer or Main Fare

MAIN FARES


CREAMY TUNA SALAD | Spring Greens, Red Onion Rings, Boiled Egg, Fennel, Tomatoes, Olives & Warm Focaccia Bread

CHEF'S SALAD* | Crisp Lettuce, Roast Turkey, Roast Beef, Ham, Swiss Cheese, Shrimp, Peppers, Tomato, Cucumber, Boiled Egg & Thousand Island Dressing

SEAFOOD GRATIN* | Fresh Fish, Shrimp, Scallops & Glazed Vegetable in a White Wine Sauce, Noodle Sheet, Gratinated with Sauce Hollandaise

SANDWICH OF THE DAY: GRILLED CHICKEN BREAST | Lettuce, Avocado, Tomato & Provolone Cheese, Poppy Seed Kaiser Roll, Sweet Potato Fries, Carrot-Raisin Salad

TAFELSPITZ | Viennese Style Boiled Beef, Creamy Spinach, Sauteed Potatoes, Apple Horseradish

 **VEGETABLE PIZZA** | Freshly Baked Pizza with Tomato, Sweet Peppers, Corn, Mushrooms, Caramelized Onions, Eggplants, Fontina & Mozzarella Cheese

HAMBURGER OR CHEESEBURGER* | Homemade Regular or Whole Wheat Bun, Pickles, Tomatoes, Sliced Onion Rings and French Fries

Additional Toppings:

Applewood Smoked Bacon | Grilled Onions | Swiss, Blue or Cheddar Cheese

SIDES

STEAMED RICE | **CREAMED SPINACH** | **BAKED POTATO** | **STEAMED VEGETABLES**

Upon request, dishes are available without sauce, and main courses can be served as half portions. Vegetables are also available steamed, without butter or salt.

WINE

WHITE

Chardonnay "Bishop's Peak," Talley Vineyards, San Luis Obispo County, California 2017

RED

Château Macquin, Bordeaux, France 2015

*United States Public Health Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs increase your risk for food — borne illnesses, especially if you have certain medical conditions.

 Indicates Vegetarian selections and may include dairy products

THURSDAY, NOVEMBER 14, 2019



LUNCHEON

DESSERT

POPPY SEED CAKE À LA MODE | Cream Cheese Frosting & Vanilla Ice Cream

STRAWBERRY FRUIT SLICE | Sugar Dough Crust, Raspberry Jam, White Sponge, Pastry Cream, Fresh Strawberries & Whipped Cream

ICE CREAM SUNDAE

PEAR HÉLÈNE | Vanilla Ice Cream, Poached Pear, Toasted Almonds, Chocolate Sauce & Whipped Cream

SUGAR-FREE DESSERT

RICOTTA VANILLA SABAYON | Ricotta Cheese, Vanilla & Cream

ICE CREAM

VANILLA, AMERICONE DREAM, CHOCOLATE | your choice of Butterscotch, Raspberry or Chocolate Topping

FRESHLY FROZEN NONFAT YOGURT

STRAWBERRY

SHERBET

BLOOD ORANGE

FRUIT & CHEESE

SLICED FRUITS IN SEASON

VARIETY OF FRENCH & INTERNATIONAL CHEESE | Traditional Condiments & Crackers