






LUNCHEON

APPETIZER AND SALAD

-  **EGGPLANT & GORGONZOLA TARTLET** | Squash Emulsion, Herb Salad
 - HOME SMOKED TROUT*** | Potato Salad, Grain Mustard & Fennel
 -  **CUCUMBER SALAD** | Yogurt-Dill Dressing & Lollo Rosso
- Traditional favorite dressings available plus today's specials:**
Fat Free Balsamic | Low-Calorie Yogurt Honey

SOUP

-  **BLACK BEAN SOUP** | with Cilantro Crème Fraîche
- Low-sodium Soups and plain Broth are available upon request*

PASTA SPECIAL

- PENNE LISCE "CAPRICIOSA"** | with Tomato Sauce, Ham, Artichokes, Mushrooms, Olives, Oregano and Buffalo Mozzarella
- Available as Appetizer or Main Fare*

MAIN FARES

- COCONUT SHRIMP** | Crisp Lettuce, Sweet Chili Dressing, Avocado, Cucumber, Palm Hearts & Mango Salsa
 - CHICKEN CAESAR SALAD** | Crisp Romaine Lettuce, Homemade Caesar Dressing, Grilled Chicken Breast, Parmesan Shavings and Garlic Croutons
 - FISH AND CHIPS** | Fresh Haddock Filet in Crisp Batter, French Fries, Cucumber Salad, Malt Vinegar, Tartar Sauce
 - SANDWICH OF THE DAY: THE TURKEY CLUB** | Freshly Roasted Turkey Breast, Tomato, Boiled Egg, Bacon, Iceberg Lettuce, Thousand Island Dressing, Toasted Sourdough Bread & Potato Chips
 - MIXED GRILL*** | Filet Mignon, Lamb Chop, Chicken Tenders, Shrimp, Green Beans, Mashed Potato, Sauce Diablo
 -  **ROASTED ARTICHOKE STUFFED WITH RATATOUILLE** | Comté-Herb Crust, Parsley Potatoes, Saffron Cream
 - HAMBURGER OR CHEESEBURGER*** | Homemade Regular or Whole Wheat Bun, Pickles, Tomatoes, Sliced Onion Rings and French Fries
- Additional Toppings:**
Applewood Smoked Bacon | Grilled Onions | Swiss, Blue or Cheddar Cheese

SIDES

- STEAMED RICE | RATATOUILLE | BAKED POTATO | STEAMED VEGETABLES**

Upon request, dishes are available without sauce, and main courses can be served as half portions. Vegetables are also available steamed, without butter or salt.

WINE

WHITE

"Masianco," Pinot Grigio & Verduzzo,
Masi, Veneto, Italy 2018

RED

Domaine Guy Mousset, Côtes Du Rhône,
France 2016

*United States Public Health Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs increase your risk for food — borne illnesses, especially if you have certain medical conditions.

 Indicates Vegetarian selections and may include dairy products

WEDNESDAY, NOVEMBER 20, 2019



LUNCHEON

DESSERT

PISTACHIO TRUFFLE TART À LA MODE | Sugar Dough Crust, Caramelized Pistachios, Chocolate Filling

SWEET GINGER FLAN | Caramelized Sugar, Gingered Egg Custard

ICE CREAM SUNDAE

HOT LOVE | Vanilla Ice Cream, Warm Raspberry Compote & Whipped Cream

SUGAR-FREE DESSERT

STRAWBERRY ICE CREAM CAKE | Diet Strawberry Ice Cream & Whipped Cream

ICE CREAM

VANILLA, RUM RAISIN, STRAWBERRY | your choice of Butterscotch, Raspberry or
Chocolate Topping

FRESHLY FROZEN NONFAT YOGURT

BLACK CURRANT

SHERBET

WHITE PEACH

FRUIT & CHEESE

SLICED FRUITS IN SEASON

VARIETY OF FRENCH & INTERNATIONAL CHEESE | Traditional Condiments & Crackers