



LUNCHEON

APPETIZER AND SALAD

BLACKENED FISH TACO | Coriander-Lime Aioli, Cabbage, Radish, Pico de Gallo & Soft Tortilla

ROAST BEEF ROULADE* | Creamed Vegetable Salad



GARBANZO BEAN SALAD | with Peppers, Red Onions, Tomato, Lime, Cumin & Coriander

Traditional favorite dressings available plus today's specials:

Fat Free Bell Pepper | Low-Calorie Thousand Island

SOUP



PUMPKIN SOUP | with Cinnamon Croutons

Low-sodium Soups and plain Broth are available upon request

PASTA SPECIAL



BOW TIE PASTA ALLA CALABRESE | with Tomato Sauce, Capers, Olives and Fresh Basil

Available as Appetizer or Main Fare

MAIN FARES

GOLDEN FRIED FISH NUGGETS | Creamy Potato Salad, Boiled Egg, Pickled Vegetable, Butter Lettuce

CAJUN CHICKEN BREAST | Mixed Greens, Hearts of Palm, Avocado, Tomatoes, Pineapple, Thousand Island Dressings

CARIBBEAN SEAFOOD STEW* | Coconut-Tomato Broth, Vegetables, Fresh Lime, Cilantro, Steamed Rice

SANDWICH OF THE DAY: CUBANO | Tender Roasted Pork, Ham & Swiss Cheese, Pickles, Baguette, Sweet Potato Fries & Jalapeno-Orange Slaw

VEAL GOULASH | Paprika Cream Sauce, Homemade Spaetzle, Broccoli & Carrots



RICOTTA & SPINACH CANNELLONI | Dill Bechamel & Tomato Sauce

HAMBURGER OR CHEESEBURGER* | Homemade Regular or Whole Wheat Bun, Pickles, Tomatoes, Sliced Onion Rings and French Fries

Additional Toppings:

Applewood Smoked Bacon | Grilled Onions | Swiss, Blue or Cheddar Cheese

SIDES

STEAMED RICE | SPAETZLE | BAKED POTATO | STEAMED VEGETABLES

Upon request, dishes are available without sauce, and main courses can be served as half portions.

Vegetables are also available steamed, without butter or salt.

WINE

WHITE

Sauvignon Blanc, Grand Bateau, Bordeaux, France 2018

RED

Pedroncelli, Zinfandel "Mother Clone," California 2016

*United States Public Health Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs increase your risk for food — borne illnesses, especially if you have certain medical conditions.



Indicates Vegetarian selections and may include dairy products

FRIDAY, NOVEMBER 22, 2019



LUNCHEON

DESSERT

ALMOND LEMON TART | Sugar Dough Tart, Baked Almond Lemon Filling

MANGO CREAM ROULADE | White Sponge, Mango Mousse & Fudge Sauce

ICE CREAM SUNDAE

FUDGE BROWNIE | Chocolate and Vanilla Ice Cream, Fudge Brownie Chunks, Godiva Liquor & Whipped cream

SUGAR-FREE DESSERT

CHOCOLATE MOUSSE | Diet Chocolate Mousse & Whipped Cream

ICE CREAM

VANILLA, CHOCOLATE PEANUT BUTTER, STRAWBERRY | your choice of Butterscotch, Raspberry or Chocolate Topping

FRESHLY FROZEN NONFAT YOGURT

MANGO

SHERBET

CRANBERRY

FRUIT & CHEESE

SLICED FRUITS IN SEASON

VARIETY OF FRENCH & INTERNATIONAL CHEESE | Traditional Condiments & Crackers