

# LUNCHEON

#### APPETIZER AND SALAD

CARIBBEAN CONCH FRITTERS | Cajun Mayonnaise & Mango Salsa

(C)

WARM SPINACH, ARTICHOKE & CHEESE DIP with Garlic Crostini



Traditional favorite dressings available plus today's specials:

Fat Free Balsamic | Low-Calorie Yogurt Honey

#### **SOUP**

**SEAFOOD GUMBO** with Okra & Rice

Low-sodium Soups and plain Broth are available upon request

#### **PASTA SPECIAL**



BUCATINE "PANNA ROSA" | Tomato Sauce, Cream & Fontina Cheese

Available as Appetizer or Main Fare

#### **MAIN FARES**

**ENSALADA DE CAMERONES\*** | Sautéed Shrimp Skewers, Crisp Lettuce, Calypso Dressing,

Bell Peppers, Tomatoes, Corn, Citrus Fruit, Warm Garlic Bread

STEAK & WEDGE SALAD\* | Iceberg Wedge, Sliced Tomatoes, Avocado, Bacon Bits, Fried Onion Rings,

Crumbled Blue Cheese, Ranch Dressing & Grilled Minute Steak

FRESH RED SNAPPER\* Grilled Eggplant, Roasted Potato, Oven Roasted Tomato Beurre Blanc

SANDWICH OF THE DAY: CHICKEN & MUSHROOM QUESADILLA | Caramelized Onions & Peppers,

Cheddar Cheese, Guacamole & Sour Cream

**SLOW ROASTED BBQ PORK RIBS** | Garlic Aïoli, Roasted Corn & Sweet Potato Wedges

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**VEGETABLE JAMBALAYA** Cajun Rice Dish with Peas, Kidney Beans, Celery, Bell Peppers,

Zucchini, Tomatoes, Okra & Grilled Mushroom Skewers

**HAMBURGER OR CHEESEBURGER\*** Homemade Regular or Whole Wheat Bun, Pickles,

Tomatoes, Sliced Onion Rings and French Fries

Additional Toppings:

Applewood Smoked Bacon | Grilled Onions | Swiss, Blue or Cheddar Cheese

#### **SIDES**

STEAMED RICE | ROASTED CORN | BAKED POTATO | STEAMED VEGETABLES

Upon request, dishes are available without sauce, and main courses can be served as half portions. Vegetables are also available steamed, without butter or salt.

## **WINE**

### WHITE

Pinot Grigio, Santa Margherita, Valdadige, Italy 2018

#### RED

"Celeste" Crianza, Tempranillo, Torres, Ribera del Duero, Spain 2016

\*United States Public Health Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs increase your risk for food — borne illnesses, especially if you have certain medical conditions.



Indicates Vegetarian selections and may include dairy products



# **LUNCHEON**

**DESSERT** 

**BOSTON CREAM PIE** White Sponge, Pastry Cream & Chocolate Glaze

**DULCE DE LECHE** | Spanish Caramel Custard

**ICE CREAM SUNDAE** 

**CHOCOLATE** | Chocolate Ice Cream, Fudge Sauce, Whipped Cream & Chocolate Shavings

**SUGAR-FREE DESSERT** 

**COFFEE PROFITEROLES** | Choux Paste & Coffee Cream

**ICE CREAM** 

VANILLA, MINT CHOCOLATE CHUNK, STRAWBERRY | your choice of Butterscotch, Raspberry or Chocolate Topping

FRESHLY FROZEN NONFAT YOGURT

**PASSION FRUIT** 

**SHERBET** 

LIME

**FRUIT & CHEESE** 

SLICED FRUITS IN SEASON

**VARIETY OF FRENCH & INTERNATIONAL CHEESE** | Traditional Condiments & Crackers